

STUDENT PRE-ARRIVAL PACKAGE



Columbia College
Vancouver, BC, Canada

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INTRODUCTION

Columbia College's Travel & Self-Isolation Plan is for all new and returning international students who are currently outside of Canada and planning to travel to Canada to start their semester.

Columbia College is an approved designated learning institution (DLI) and is now able to reopen to international students who aren't currently in Canada and who have, or have been approved for, a study permit, and are travelling to Canada for a non-discretionary or non-optional purpose. Students must have a quarantine plan and be prepared for a 14 day self-isolation upon arrival in Canada.

Self-isolation is mandatory and it is a **very serious matter**.

Police may enforce self-isolation orders and violations are punishable by a fine of up to \$750,000 and/or imprisonment for 6 months and/or becoming inadmissible to Canada.

Please review the following for most updated information and instructions:

- Travel Restrictions – Government of Canada
- Mandatory Quarantine – Government of Canada
- How to isolate at home – Government of Canada
- Self-Isolation Plan – Government of British Columbia

Students that are planning on traveling to Canada and are eligible, must submit the College's Travel & Self-Isolation Plan form.

PRIOR TO DEPARTURE

Columbia College is looking forward to welcoming you to Vancouver, Canada. Here is what you need to know before you departure to Canada.

To travel to Canada, you must meet the two requirements:

1. You must have, or have been approved for, a study permit, and
2. You must be travelling for a non-discretionary or non-optional purpose.

Next, you must have either of the following (*Note: US citizens are exempt*):

- A valid Temporary Resident Visa (TRV) or
- An Electronic Travel Authorization (eTA)

International students who are able to enter Canada must satisfy both a 14-day quarantine requirement mandated by the federal government in addition to submitting a BC Self-Isolation Plan as required by the provincial government.

Following the BC Self-Isolation Plan, you must:

- Provide the location of your 14-day self-isolation
- Provide information on how you will travel to your self-isolation location
- Arrange the necessary supports (Food, Medications, Cleaning supplies, Child-care and Pet-care)
- Social or family support

Please note that the Self-Isolation Plan is a legal commitment to self-isolate that is enforceable under the Public Health Act.

In addition to the BC self-isolation plan, travellers to Canada are required to complete the **federal ArriveCAN** application for approval.

This tool is used to facilitate the collection of personal basic information, COVID symptoms and 14-day quarantine plan. They are used to help contain COVID-19 in Canada. Proof of submission is required at the border.

If you meet the requirements to travel to Canada, you must:

- Notify your Student Advisor of your intention to travel to Canada and fill out the Travel & Self-Isolation Plan form
- Your advisor will contact you to confirm your travel itinerary and review your 14-day self-isolation plan

Upon request, Columbia College will provide the student with supporting documentation to facilitate their travel to Canada.

All continuing and new students who are planning to travel to Canada **must** submit the Travel & Self Isolation form. New students will not be permitted to attend Orientation and register for classes unless the form is completed.

You will be asked to submit the following information to the College:

- Your personal information
- Your contact information
- Your student number
- Your arrival date and flight number
- Your accommodation details
- Your self-isolation plan

Arranging your accommodation:

Your quarantine plan requires you to have a place for a 14- day self-isolation. Columbia College recommends students to stay with one of Homestay families for the 14-day self-isolation. If you wish to apply for Homestay, please email rmooney@columbiacollege.ca.

If you choose to arrange accommodation other than homestay, we have compiled a list of isolation resources including special accommodation rates for Columbia College students.

Medical insurance:

All Columbia College students are required to have valid medical insurance. Due to COVID-19, we recommend that you arrange medical insurance before you arrive. Contact us at medicalinsurance@columbiacollege.ca once you have confirmed your travel date and we can provide you with proof of coverage.

Arranging your transportation:

Upon arrival in Vancouver, you must travel straight to your Vancouver self-isolation accommodation from the airport. Please note that the current measures require that face coverings be worn at all times while in the public areas of the terminal.

All students are required to use Columbia College's partnered transportation company Amigo International Student Services for transportation from airport to quarantine facilities.

WHILE TRAVELLING

During your trip, take steps to protect yourself and others from COVID-19:

- Wear a mask to keep your nose and mouth covered when in public settings.
- Avoid close contact by staying at least 6 feet apart (about 2 arms' length) from anyone who is not from your household.
- Wash your hands often with soap and water for at least 20 seconds.
- Pack hand sanitizer with at least 60% alcohol. Keep this within reach.
- Avoid contact with anyone who is sick.
- Avoid touching your eyes, nose, and mouth.
- Practice proper cough and sneeze etiquette.



UPON ARRIVAL

Transportation from the airport:

Students are required to use Columbia College's partnered transportation company Amigo International Student Services for transportation from airport to quarantine facilities.

The service should be booked prior to the arrival through phone at +(604) 767-8650 or email at migoiss@shaw.ca

Medical Insurance:

Once you arrive in Canada, you should enroll in British Columbia's Medical Services Plan. For more information about medical insurance for Columbia College students, [click here](#) or e-mail medicalinsurance@columbiacollege.ca.

Food delivery and other necessities:

Travellers to Canada who are in quarantine may not go out to purchase food and basic necessities. You should arrange for someone to deliver what you need while you are self-isolating.

Many grocery stores provide delivery. Please check with your nearby grocery store. Food delivery: Uber Eats, SkipTheDishes and DoorDash

During your 14-day period of isolation, you must:

- Pay close attention to your health and how you are feeling.
- Report your symptoms through the ArriveCAN app or call 1-833-641-0343 every day until the end of your 14-day quarantine.

What to do if you have COVID-19 Symptoms:

- Call 8-1-1 to talk to a nurse at Healthlink BC for advice on your symptoms and what you should do next. Translation services are available in 130 languages.
- Contact your Student Advisor for additional support.

BEFORE ORIENTATION & REGISTRATION

Attend our Pre-Arrival Session for Winter 2021 Students to learn more about us and let us answer your questions live on YouTube

On December 2, at 8:30am PT attend our Pre-Arrival Session to learn more about travelling to Canada, arriving in Vancouver, and your orientation and registration.

Start using your CC e-mail account

From December 7, if you have paid your tuition deposit in full and have provided all required documents, you will be given your Columbia College student credentials for your e-mail, Portal and Microsoft Teams accounts.

Connect with your dedicated Student Engagement Ambassador

From December 15, you will be contacted by your dedicated Student Engagement Ambassador (SEA) through your College e-mail and Teams accounts. SEAs are current Columbia students who are here to answer your questions, help you through the registration process and support you to be ready to start your classes on January 11.

Complete the Columbia 101 module

From December 21, you will receive access to our Columbia 101 module on Moodle. Columbia 101 is a self-paced program that is designed to help you learn about all of the support services that CC offers, as well as get you used to using our learning platform so you are ready to begin your classes.

Attend your Welcome & Registration sessions

From December 28, you will be invited to attend a variety of information sessions related to your program, your registration and preparing for your classes. We will send this information to you through your CC e-mail account – keep checking for updates about these sessions. Please note that attendance at these sessions is mandatory in order for your registration to be completed.

High School students (Grades 10-12) will have an in-person Orientation day on Friday, January 8. More information will be provided at a later date.

Classes begin on Monday, January 11 – good luck in your first week!

Math Placement Test

Students registering in a university-level mathematics, economics and most computer science courses, are required to write the college's Math Placement Test (MPT). All university level students are required to take the MPT before registration. For more information about the test, and to download the study guide or sample tests. You will be contacted by a member of our Admissions team about scheduling a date and time for your MPT.

IMPORTANT CONTACTS

Emergency Contacts

In an emergency, contact: 911

VPD non-emergency: +1-604-717-3321

Main Campus Security (for use when on campus only): +1-604-697-7089

What to do if you're unwell

If you are experiencing respiratory symptoms, we recommend that you visit the BC Government COVID-19 Health Assessment tool and encourage anyone who has a concern about their respiratory symptoms to follow the guidance it offers.

Alternatively, you can call -1-1 to speak to a public health nurse 24 hours a day.

For Orientation

For all queries about your orientation and registration, contact studentservices@columbiacollege.ca.



Columbia College

Vancouver, BC, Canada

columbiacollege.ca

438 Terminal Avenue
Vancouver, BC Canada
V6A 0C1



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