

Columbia College Homestay Program

homestay@columbiacollege.ca



QUARANTINE PROTOCOL – HOMESTAY

Our first and foremost priority is the safety and well-being of our students and host families. We are committed to following regulations set by the government of Canada, as well as the provincial and local public health authorities.

Starting August 9, 2021 all travelers will no longer be required to quarantine at a government approved hotel upon arrival.

Fully vaccinated travelers who have had the full course of a COVID-19 vaccine recognized by Health Canada (Moderna, Pfizer, AstraZeneca, Johnson & Johnson) 14 days or more prior to their arrival, will no longer be required to quarantine. They however, may undergo a random COVID-19 test upon arrival, and stay in isolation until the test comes back negative.

Students who are NOT fully vaccinated, will quarantine 14 full nights in homestay. They will be tested upon arrival, then again on day 8. Columbia College will be in communication with the student during this time.

All incoming students will still need a quarantine plan in place, whether they're vaccinated or not. In the event their COVID-19 arrival test returns positive, they will require to quarantine in accordance with public health requirements.

The following expectations and requirements for both students and host families will assist them during this process.

Travelers arriving to Canada:

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html#f>



QUARANTINE PROTOCOL – HOMESTAY

Prior to Travelling

Read the information available from the Government of Canada:

- Entering Canada by air during COVID-19
- Entering Canada by land during COVID-19
- Additional testing and more stringent quarantine requirements for travel to Canada
- ArriveCAN
- Travel restrictions in Canada – Visitors, foreign workers, and students
- Orders in Council related to the Quarantine Act

Students will contact their host family prior to leaving their country. The host family will share expectations and communicate what the student should bring to make them feel more comfortable during quarantine.

Plan in Advance

- Plan for your quarantine
- Get a COVID-19 molecular test 72 hours before your scheduled flight.
- Use ArriveCAN to enter your information.
- Have your ArriveCAN receipt and test result ready.
- Fill out your: BC Self-Isolation Plan, submit as requested and send to Columbia College as well to gain approval from admissions@columbiacollege.ca
- Wear a mask.
- If symptoms develop, tell your flight attendant immediately.



QUARANTINE PROTOCOL – HOMESTAY

- If you used ArriveCAN to enter Canada, you must continue to use it daily to report your arrival and your COVID-19 symptom self-assessment until the end of your quarantine or your first reporting of symptoms.
- If you did not use ArriveCAN to enter Canada, call 1-833-641-0343 to report arrival and daily symptoms.
- You must answer calls or visits from screening officers or peace officers.
- You must PROVIDE proof of COVID-19 molecular test.
 - RETAIN a copy of COVID-19 molecular test results for the 14-night period which begins on the day you enter Canada, or for the 14-night period that begins on the day you receive evidence of that result.
 - PROVIDE that test result, upon request, to any official of Government of Canada, peace officer, the Government of that province, or to the local public health authority of the place where you are located.
- Collect a test kit for later use during your quarantine.

Students who are NOT fully_vaccinated should be prepared to quarantine for 14 nights upon arriving in Vancouver. This process may be stressful and overwhelming for students. Therefore, Columbia College has Registered Nurses and Clinical Counselors on campus to assist at any time. We strongly encourage students to reach out to them at any time.

<https://www.columbiacollege.ca/student-life/health-and-wellness/>

North Campus/Secondary Nurse: Claire Goth – cgoth@columbiacollege.ca

North Campus/Secondary Counselor: Gordon Lai – glai@columbiacollege.ca

Main Campus/University Transfer Nurse: Carolyn Langley – clangley@columbiacollege.ca

Main Campus/University Transfer Counselor: Sophie Baker – sbaker@columbiacollege.ca



QUARANTINE PROTOCOL – HOMESTAY

Upon Arrival – Non-Vaccinated Students

- Go directly to your homestay to begin your 14 nights in quarantine without delay.
- Practice physical distancing always.
- Avoid stops and contact with others while in transit to quarantine.
- You must report daily through the ArriveCAN app, online at Canada.ca/ArriveCAN or call 1-833-641-0343.
- - You have reached your arrival place of quarantine within 48 hours after entering Canada.
 - You complete the COVID-19 symptom self-assessment every day until the end of your quarantine.
- If you used ArriveCAN to enter Canada, you must continue to use it daily to report your arrival and your COVID-19 symptom self-assessment until the end of your quarantine or your first reporting of symptoms.
- If you did not use ArriveCAN to enter Canada, call 1-833-641-0343 to report arrival and daily symptoms.
- You must answer calls or visits from screening officers or peace officers.
- You must PROVIDE proof of COVID-19 molecular test.
 - RETAIN a copy of COVID-19 molecular test results for the 14-night period which begins on the day you enter Canada, or for the 14 night period that begins on the day you receive evidence of that result.
 - PROVIDE that test result, upon request, to any official of Government of Canada, peace officer, the Government of that province, or to the local public health authority of the place where you are located.
- Collect a test kit for later use during your quarantine.



QUARANTINE PROTOCOL – HOMESTAY

Arrival Requirements

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/travellers-with-symptoms-return-canada.html>

Quarantine Details:

- You will proceed to your homestay to quarantine for 14 nights.
- Provide required information and documents.
- Wear a mask.
- Answer eligibility and health screening questions including quarantine plans.
- If negative: Continue to your place of quarantine. Complete your test kit as instructed.
- Relocate to a designated quarantine facility or other suitable place of quarantine. Follow instructions as provided.
- If positive: Use ArriveCAN or call 1-833-641-0343 to check-in the day after you enter Canada and to report symptoms daily.
- You will be contacted by Government of Canada and provincial/ territorial officials.
- Testing on arrival and during quarantine effective 2021-02-21 at 11:59 p.m. ET.

All travelers must download and complete the Canadian government's ArriveCAN application for approval prior to their arrival on a paper form, web-based form using an electronic APP (available for iPhone and Android). This will include their travel and contact information and a suitable quarantine plan. All travelers arriving to Canada must also continue to submit COVID-related information electronically daily throughout the quarantine period.

<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/digital-tools.html>

In addition, the student must complete, send, and print the MANDATORY Self-Isolation Plan in advance to: <https://travelscreening.gov.bc.ca> (the form does not work on Internet Explorer)



QUARANTINE PROTOCOL – HOMESTAY

What to Pack

- Large quantity of disposable face masks OR 1 cloth face mask
- One large bottle of good quality hand sanitizer – 60% alcohol
- Box of Nitrile gloves
- Thermometer

Carry-on Items

- 2 disposable face non-medical masks
- Travel size hand sanitizer – 60% alcohol
- Disinfecting wipes (Lysol)
- Change of clothes to change into at the homestay
- Passport
- Study Permit
- Custodianship documents (if applicable)
- Letter of Acceptance
- Host Family Profile
- Airport Information
- Homestay Coordinator contact information
- Copy of this document
- Print out the Self-Isolation Plan
- Travel letter
- Medical insurance card
- Proof of a negative COVID 19 molecular test result
- Hotel confirmation



QUARANTINE PROTOCOL – HOMESTAY

En Route to Canada

Students are required to:

- Wear a non-medical face mask and gloves
- Practice Social Distancing. Wash hands frequently
- Use hand sanitizer often 60% alcohol
- Sanitize their personal space such seatbelt and table tray
- Minimize trips to the bathroom (flush the toilet with the seat cover down)
- Touch as few surfaces as possible
- Keep cell phone charged
- Bring some food as restaurants and stores may be closed
- Bring a refillable water bottle

Arriving at Vancouver International Airport (YVR)

Upon exiting the aircraft students should continue practicing social distancing throughout the airport.

Students should be prepared to present the documents outlined under Carry-on Items to Canada Border Services. The student will also be required to undergo a screening by a border services or quarantine officer to assess travelers for symptoms.

Prior to the student departing their country, email medicalinsurance@columbiacollege.ca and arrange for their Guard Me card to be sent to them. It will be needed when boarding their flight.



QUARANTINE PROTOCOL – HOMESTAY

Airport Pickup (Columbia College Homestay)

All students who will be staying in a Columbia College homestay MUST arrange for airport pickup using our partnered transportation company, Amigo Ltd who will take them directly to their homestay to begin their 14 nights in quarantine.

The student will receive airport pickup information prior to departing their country and will need to meet Amigo at the designated area specified. Amigo has assured us that each vehicle will be disinfected after every trip, all luggage will be cleaned with disinfecting wipes before being loaded into the vehicle, all drivers will wear gloves, eye protection, a non-medical mask and no passengers can sit in the front seat.

****To avoid being charged twice for the airport pickup, the student is responsible to notify Amigo if they miss their connecting flight or were not able to board the plane. *** Amigo will be at the airport with the arrival details previously provided and are not notified if the student had difficulties making their connection*



QUARANTINE PROTOCOL – HOMESTAY

Quarantine Plan – Moving into and Out of Homestay

Students are reminded that quarantine is a requirement of the Quarantine Act and is NOT optional.

- A Zoom meeting will be set up (when possible), with all host families who have agreed to host a quarantine student; there will be a question-and-answer period after discussing protocols.
- Coordinate move-in dates and times with agent/student to avoid students arriving at once.
- Guidelines have been established for entering, exiting, and queuing during move in. Only one host family member be involved in the move in or out process.
- Students who are moving to a Columbia College homestay but quarantined elsewhere, will provide proof of when they arrived in Canada (airline ticket) and where they stayed (details of hotel or alternate).
- Changing bedrooms or homestays after quarantine: only one host family member will be involved in the cleaning process. They are responsible for cleaning the room thoroughly before accepting another student and washing linens, wearing protective eyewear, non-medical masks, gloves and using a variety of disinfecting products.
- Where physical distancing cannot be maintained in the move in/out process, PPE will be provided (e.g. non-medical masks and gloves) to all staff and volunteers supporting the move-in and appropriate safety training will be provided to all volunteers prior to move-in.
- Strategies have been explored to make move-in as contactless as possible (e.g. reduce the need for pens, paper forms, put room keys or card in envelopes).



QUARANTINE PROTOCOL – HOMESTAY

Government of Canada will contact the student during the 14-night quarantine period to ensure the student is under quarantine. Students should provide a phone number, whether personal or host families, on their Self-Isolation Plan on where they can be reached.

When arriving to homestay, students will go directly to their bedroom and begin their 14-nights in quarantine.

Three meals will be provided daily, and the host family will have an information sheet in your bedroom sharing important information such as WiFi passwords. Throughout quarantine, the host family will do daily check-ins with the student.

Communication between the host and student will be daily through text messages, FaceTime, and other remote methods. We encourage the student to keep well-connected with their host family especially when they first arrive. This will assist them in overcoming homesickness, boredom, or any anxiety they may encounter while under quarantine.

Student Expectations

- Go directly to your bedroom upon arriving to your homestay, **avoid contact with anyone.**
- Stay in your bedroom for the complete quarantine period!
- Take your temperature every day and record the results. 36.9C is a normal body temperature.
- Keep your room well ventilated – open the window to allow for proper air flow.
- Practice good hygiene: wash your hands often for a minimum of 20 seconds, and shower daily.
- Keep your bedroom and bathroom tidy/clean using the household products available.
- Students using a shared bathroom will wipe down all bathroom surfaces before and after use.



QUARANTINE PROTOCOL – HOMESTAY

Student Expectations – Continued

- If you have a private bathroom you will package your garbage often and wash your hands immediately afterwards.
- Keep in touch via text, email, FaceTime with family and friends.
- If you begin to experience COVID-19 symptoms visit: covid19.thrive.health or call 811. Let your host family know you are not well.
- To avoid the risk of COVID-19, no laundry will be done during quarantine.
- Communicate daily with your host family and ask for help!
- Do not leave your place of quarantine unless it is a medical emergency, an essential medical service to obtain a COVID-19 molecular test or it is pre-authorized.
- Do not have any guests over even if you are outside.
- Use only private outdoor spaces (e.g. balcony).
- Do not use shared spaces such as lobbies, courtyards, restaurants, gyms, or pools.
- Your compliance with these requirements is subject to verification and enforcement.
- You will be called from 1-888-336-7735 and will be visited by a screening officer or law enforcement to verify your compliance during your 14-night quarantine. You will receive call with a pre-recorded message and email reminders of your obligations.
- Those in violation may be transferred to a quarantine facility, face fines, and/or imprisonment.
- Note that you may also be contacted by provincial or territorial authorities throughout the 14-night period. If federal and provincial territorial guidelines differ, you should follow the strictest enforcement.

Columbia College realizes these protocols seem overwhelming, they have been implemented to keep you and others safe and healthy during the 14-night quarantine.



QUARANTINE PROTOCOL – HOMESTAY

Host Family Expectations – Private Bathroom and Shared Bathroom

When arriving to the homestay, students MUST quarantine (self-isolate) for 14 nights.

- Hosts must follow all public health guidelines for their area in the 14 days prior to accepting a student, and everyone in the home must be free of any COVID-19 symptoms.
- Students will go directly to their bedroom to begin their mandatory quarantine.
- The host family will provide the student 3 full meals per day including light snacks. Clean linens for the duration of quarantine, Wi-Fi, a private bedroom with a window, and a private bathroom IF available.
- For those host families that CANNOT provide a private bathroom the student will share a bathroom with other family members in the home. The student will be made aware prior to their arrival if they have a private or shared bathroom.
- Communication between the host and student will be made daily via text messages, email, FaceTime, and other remote methods. Check on the student often.
- Place sterilized puzzles, playing cards or any other individual games you feel the student would enjoy under quarantine.
- The host will set meals on a small table outside of the student's door and determine a regular time that meals will be delivered. They will notify the student ahead of time so they can eat while the food is fresh.
- It is recommended that the host uses the same set of dishes, utensils, and glassware for the duration of the quarantine.
- An alternative to dishes, are disposable plates and cutlery to avoid hosts washing dishes during quarantine.
- The host should wear gloves, eye protection, and a non-medical mask when removing dishes. They are to wash them immediately in hot, soapy water.
- Clean and disinfect high touched areas such as door handles and countertops frequently.
- If the quarantine student is sharing a bathroom, ensure ALL family members understand they must wipe down all bathroom surfaces before and after use.
- The host will remove all hand towels and replace with paper towels, remove bathroom rugs and personal family items.



QUARANTINE PROTOCOL – HOMESTAY

- The host will have a liquid soap dispenser, Lysol wipes along with a variety of cleaning products on hand.
- The host will package garbage daily and clean the bathroom frequently throughout the day.
- Only one healthy family member should provide care.
- Some people may transmit COVID 19 even though they do not show any symptoms. Wearing a mask, including a non-medical mask or face covering can help protect others around you. <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms.html>
- Prevent contact with animals, as there has been several reports of people transmitting COVID 19 to their pets.
- If possible, people who are at higher risk of serious illness from COVID 19 should not care for someone with COVID 19. These people include elderly persons, those with chronic medical conditions, or compromised immune systems.
- Avoid re-using gloves or masks.
- Clean your hands often for at least 20 seconds, especially after contact with the student and after removing gloves, face masks and eye protection.
- Dry your hands with disposable paper towels.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

Expectations - 14 Night Quarantine Period is Over

Wellness check

- Prior to the student leaving quarantine, a Columbia College Nurse will contact the student to perform a wellness check. They will ask a variety of questions assessing the students' overall health and well-being during their time spent in quarantine.



QUARANTINE PROTOCOL – HOMESTAY

Symptoms

COVID-19's most common symptoms are fever (37.8C or more), coughing, difficulty breathing and loss of smell.

If a student or host develops these Symptoms or is Diagnosed

- Use self-assessment tool: <https://ca.thrive.health/> and seek medical attention as necessary.
- Visit: covid19.thrive.health or call 811.
- Contact the Homestay Coordinator at Columbia College (604-671-8525)

Moving a Student During Quarantine

Columbia College aims to avoid spreading COVID-19 with any unnecessary relocations therefore, our preferences are to:

- Keep the student in one place, in accordance with the Public Health direction, or
- Ask parents to come to Canada to care for their child at their expense, if possible.
- Contact the Homestay Coordinator if you are no longer comfortable to host your student.
- In the unlikely event that a host is unable to care for the sick student, Columbia College will do their best to relocate the student to a new homestay family. This is not guaranteed.

Host Family Supplies

- Thermometer
- Non-medical masks
- Nitrile Gloves
- Hand Sanitizer - 60% alcohol
- Hand Soap
- Hard-surface disinfectant or wipes (Lysol)
- Appropriate cleaning products for high-touch areas



QUARANTINE PROTOCOL – HOMESTAY

Renumeration – Private Bathroom and Shared Bathroom

Host families that can provide a PRIVATE bathroom for students under quarantine, will be compensated a set rate of \$1000 for the 14-nights in quarantine.

An additional invoice will be prepared by the college and sent to the student and/or agent. The host will be paid by the college for the quarantine period.

Host families that can provide a SHARED bathroom for students under quarantine, will be compensated a set rate of \$800 for the 14- nights in quarantine.

An additional invoice will be prepared by the college and sent to the student and/or agent. The host will be paid by the college for the quarantine period.

***To avoid the risk of COVID-19, host families that can provide a private bathroom will take priority when placing a quarantine student. ***

Additional nights in the homestay (after the 14-night quarantine period) will be paid to the host directly by the student with the nightly fee of \$40 per night.

Columbia College Homestay Program

homestay@columbiacollege.ca

QUARANTINE PROTOCOL

Resources

Further information is available for preparation and care for individuals exposed to COVID 19:

- Public Health Agency of Canada (PHAC) How to care for a person with COVID 19 at home Advice for Caregivers:
- <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/how-to-care-for-person-with-covid-19-at-home-advice-for-caregivers.html>
- Public Health Agency of Canada (PHAC) Being prepared – for individuals: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks/measure-reduce-community.html#a2>
- Provincial and territorial resources for COVID 19: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms/provincial-territorial-resources-covid-19.html>

British Columbia Centre for Disease Control Self-Isolation guide for caregivers and household members of those with COVID 19.

http://www.bccdc.ca/Health-Info-Site/Documents/Self-isolation_caregivers.pdf



QUARANTINE PROTOCOL

This form is to be completed ONLY when staying in a Columbia College homestay.

Please sign this Declaration on the morning of departure, confirming to the best of your knowledge the student is safe to travel to Canada. Send the completed form to the Homestay Coordinator at rmooney@columbiacollege.ca

Student's Legal Name:

Columbia College Student ID#:

Date of Birth:

To my/our knowledge, I/we are not aware that I/our child are showing any signs of COVID-19 in the past 14 nights, nor has/have, I/our child been exposed to anyone having the illness in the last 14 nights I/we understand that I/our child will need to quarantine for 14-nights upon arriving to the homestay.

Failure to follow the quarantine protocol will result in the student being removed from the Homestay Program with no fees refunded. The student will be subjected to severe penalties (heavily fined), reported to Government of Canada, local law enforcement (RCMP), and penalized by the college. This could result in the student's visa being revoked and them returning to their home country. There are no warnings, Columbia College takes quarantine very seriously.

Print Student's Name: _____

Signature: _____ **Date:** _____

Print Natural Parent's Name: _____

Signature: _____ **Date:** _____