**Community Drop-In Volunteers Needed!**

The DTES Neighbourhood House (DTES NH) is looking for volunteers to help with our Community Drop-In (CDI) program. We have the following CDI volunteer shifts available:

Mondays: 9am-2pm

Tuesdays: 9:30am-12:30pm

Wednesdays: 9:30am-12:30pm and/or 12:30-3pm

Community Drop-in (CDI) is the most attended of our programs. Food is made available and prepared freshly over the hours during which CDI is open. The food we serve is based on our food philosophy: it is diverse and has the ingredients listed for all to see. We avoid foods that are overly processed or high in starch, refined sugars, or sodium. On Tuesday CDI consists of oatmeal served in the morning, followed by food prep for Wednesdays lunch. On Wednesdays CDI consists of oatmeal served in the morning, and lunch afterwards.

Some of the tasks that volunteers help with are:

* assisting with making, packaging and serving oatmeal
* assisting with cooking, chopping vegetables, etc.
* dish washing
* cleaning the kitchen and general spaces in the Neighbourhood House

REQUIREMENTS:

* understanding and support of the DTES Neighbourhood House's mission and philosophies
* ability to work respectfully with people of diverse backgrounds and experiences
* ability to work with a team and help each other
* ability to stand for periods of time (we take breaks as needed and some tasks can be done while sitting)
* we require all volunteers attend a 1hr volunteer orientation over Zoom

ASSETS:

* if you have experience working or volunteering in a kitchen, or just experience with cooking and/or cleaning in general, that is great but not really required as long as you're willing to learn!
* living or lived experience, or work or volunteer experience in the DTES
* ability to speak Cantonese or Mandarin
* sense of humour is always an asset :)

APPLYING:

We require a minimum commitment of 2 months for this volunteer role. Please email volunteer@dtesnhouse.ca if you'd like to apply for this volunteer role. In your email please let us know what your availability is.

Volunteers deliver meaningful, measurable value to the mission of our organization. We aim to create mutually beneficial volunteer experiences between the DTES NH & community, and our volunteers.

* Delicious food!
* Learn new skills
* Socialize--meet new people
* We can provide letters of recommendation/references upon request

Your assistance will directly help us run our programs--providing meals for marginalized people in the community.

ABOUT THE DTES NEIGHBOURHOOD HOUSE:

Our mission is to provide opportunities for residents to meaningfully engage with and contribute to their community in an equitable atmosphere of sharing and learning.

The secular, grassroots Downtown Eastside Neighbourhood House (DTES NH) embraces people of all ancestries, genders, ages and descriptions; annually welcoming almost 9,000 DTES residents in a community where 70% of our neighbours have low‐incomes, 700 are homeless and 5,000 are under-housed.

Those who built the DTES NH put the Right to Food at the heart of our work, as nutritional vulnerability was a theme familiar to all. Our goal around the Right to Food is to reform the nutritional impact, quality, abundance and delivery of food in the DTES in consultation with residents, community food providers, non‐food community organizations, healthcare professionals, policy makers, growers/suppliers, food/beverage industry professionals and researchers. Learn more about our organization & programs at dtesnhouse.ca

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**Volunteers needed for Family Drop-In Program**

The Downtown East Side Neighbourhood House is looking for volunteers to help with our Family Drop-In program. This is an unpaid position. We have 2 different volunteer shifts available:

Tuesdays: 3pm-6:30pm

Thursdays: 2pm-6:30pm

The Family Drop-in program creates a welcoming, safe, and fun environment for local families with young kids to come spend time after school. As part of the program, families enjoy snacks and a nutritious dinner and engage in arts and crafts and workshops facilitated by partner organizations. The children participating in the Family Drop-In program range in age from roughly 10 months to 12 years.

VOLUNTEER RESPONSIBILITIES:

Volunteers for the Family Drop-In program are responsible for assisting with program set up and take down, which includes setting up and cleaning up tables and chairs and the day’s activities. Volunteers also help with food preparation and dishes and are encouraged to engage with the families and kids.

ELIGIBILITY:

Please note that this position requires a minimum 3-month commitment from volunteers and that those interested in the position must undergo a criminal record check review for the role, as well as a 30min phone interview/screening call.

REQUIREMENTS:

* understanding and support of the DTES Neighbourhood House's mission and philosophies
* ability to work respectfully with people of diverse backgrounds and experiences
* openness to learning from and honouring community members
* ability to work with a team and help each other
* we require all volunteers attend a 1hr volunteer orientation over Zoom

ASSETS:

* lived or living experience, or work or volunteer experience in the DTES
* experience with cooking and/or cleaning is great but not really required as long as you're willing to learn!
* childcare experience
* good sense of humour is always an asset :)

To apply, please send us an email at volunteer@dtesnhouse.ca. Please confirm your availability and tell us a bit about yourself.

This is a great opportunity to gain experience working with children, as well as a way to get involved in helping families in the community through providing a welcoming and equitable environment for sharing and learning. We provide a volunteer orientation, volunteer resources, and letters of reference whenever needed.

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**Volunteers needed for Monthly Banana Beat Program (DTES outreach)**

The DTES Neighbourhood House is looking for volunteers to help with our Banana Beat program 1 Wednesday per month from 7:45-9:15am. This role involves prepare large quantities of bananas and loads into carts to be handed out to local residents on cheque issue day. This is an unpaid position.

On cheque issue day (the 3rd or 4th Wednesday of the month), Banana Beat staff and volunteers meet at the Neighbourhood House by 7:45am to get organized to be ready to go by 8am at the latest. Volunteer teams go out on a specific route to give out bananas to DTES residents. When the bananas are gone, teams return to the Neighbourhood House to report stats to supervisor, clean carts, and other duties, such as downsizing cardboard boxes until work is complete.

The 2022 schedule is: April 27th, May 25th, June 22nd, July 20th, Aug 24th, Sept 21, Oct 26, Nov 23, Dec 21

VOLUNTEER REQUIREMENTS:

* Must be able to lift 40 lb boxes of bananas and push a cart full of bananas on sidewalks in the DTES.
* Understanding of, and adherence to the DTESNH philosophies
* Must treat all recipients with dignity and respect
* Reliable
* Familiarity with the DTES
* Ability to be at the Neighbourhood House early on cheque issue day
* Must be able to commit to volunteering for Banana Beat for at least 3 months
* Must be ok with being outside for the program even when its raining
* Inform supervisor of any planned absences or unexpected illnesses.
* We require all volunteers to attend a 1hr orientation over Zoom

ASSETS:

* Lived or living experience in the DTES
* Naloxone Training
* First Aid Certification
* Food Safe
* Volunteer or work experience in the DTES
* Sense of humour is always an asset :)

You can read about a past Banana Beat volunteer’s experience in Right to Food Zine, Issue 8 (2014): bit.ly/DTESNH\_BB (starts on page 8)

APPLY:

Email volunteer@dtesnhouse.ca to apply. Please let us know a bit about yourself and why you want to volunteer.

This is a unique opportunity to engage directly with the DTES community through frontline outreach work. We provide volunteers with resources and an orientation, and can provide letters of reference upon request.

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**Tuesday Night Prep Group: a volunteer food prep group in the DTES**

The Downtown Eastside Neighbourhood House (DTESNH) is looking for volunteers to help with our Tuesday Night Prep Group (TNPG) from 6:45-9pm every Tuesday starting May 3rd.

In this program volunteers will work as a team to prepare high quality, nutritious meals that will be enjoyed by our neighbours at Wednesday's Community Drop-In program. Volunteers will look through the ingredients (what’s been donated or has been harvested from our farm that week), and plan and prep dishes based on what is available. Typically TNPG makes 3-6 different dishes. TNPG has been compared to iron chef and is a good fit for people who love cooking and being creative!

Joining our prep team is a fun way to support your community and a good opportunity to organically meet other kind-hearted and fun individuals who support the right to healthy food for residents of the DTES. Food prepared by our prep group help provide nutritious food to as many as 150 people in the community! Holly Clark and Ian Fan are two volunteers that lead each Tuesday session.

VOLUNTEER DUTIES

* Chopping, prepping, cooking vegetables, fruit and other food items
* Washing dishes, sanitizing dishes, placing back dishes to appropriate spots
* Lifting may be required (if this is a concern or accommodations are needed, we can surely work with that, just let us know in your email)
* Cleaning kitchen and any other spaces used during TNPG

REQUIREMENTS

* Understanding of, and adherence to the DTESNH philosophies
* Commit to attending each week for at least 2 months
* Must be comfortable working as a volunteer team without direct staff leadership
* Willingness to learn from/with peers
* Must notify supervisor of any planned absences or unexpected illnesses
* Must attend an orientation before starting (date tbd)
* Must stay for whole shift—part of volunteering is staying to do cleanup at the end
* Passion for food/cooking/nutrition

ASSETS

* Lived or living experience in the DTES, or volunteer or work experience
* Food Safe
* Organizational skills
* Multi-tasking abilities
* Understanding nutrition and food quality
* Taking initiative
* Sense of humour is always an asset 
* “go with the flow” mentality
* Naloxone training
* First Aid Certification
* Any relevant experience

APPLY

Email volunteer@dtesnhouse.ca to apply. As TNPG ends at 9pm, make sure that you have a safe method of transportation/feel comfortable going home at that hour.

We provide a volunteer orientation, volunteer resources, and letters of reference by request. This is a great way to practice your creativity through making delicious food for the community. Volunteers help us keep our programs running!

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**Help needed: cooking for CRAB Park**

The Downtown Eastside Neighbourhood House (DTESNH) is looking for volunteers to assist with making meals for CRAB Park residents every Monday from 2:30-6pm. This is an unpaid position. We require a minimum commitment of at least 2 months.

ABOUT THE ROLE

The volunteers will assist a staff member in making 40 meals which will be delivered to CRAB Park. The volunteers will help with the following tasks:

* food prep
* dish washing
* cleaning the kitchen space throughout the shift as needed, and fully at the end of the day

REQUIREMENTS

* understanding and support of the DTESNH's mission and philosophies
* ability to work with a team and help each other
* ability to stand for periods of time
* attending a volunteer orientation and reviewing training materials
* familiarity with the DTES or CRAB Park

ASSETS:

* if you have experience working or volunteering in a kitchen, or just experience with cooking and/or cleaning in general, that is great but the most important thing is a willingness to learn!
* living or lived experience, or work or volunteer experience in the DTES
* sense of humour is always an asset :)

APPLYING

Please email volunteer@dtesnhouse.ca to apply. Please confirm your availability and let us know what your level of familiarity with the DTES/CRAB Park is.

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* Learn new skills
* Meet new people
* We can provide letters of recommendation/references upon request
* Your assistance will directly help us run our programs--providing meals to marginalized people in the community.

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